# July/August 2022



A community magazine for Bridport supported by the Anglican Church

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Hall bookings

Halls are reopening with certain Covid restrictions.

For bookings please contact:

St Swithun's church hall

Details online at www.bridport-team-ministry.org/hall-bookings

or contact Caroline Whitaker 07787 805711

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Advertising rates are online at www.thebridgemagazine.org/advertising. If you have an idea for an article, please contact the editor. Otherwise send copy to parish editors (details in Parish Pages) at least three days before the deadline, or a week for handwritten/typed copy. We will try to include late copy in the following issue as appropriate.

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## What an amazing community we share!

Bridport is

made up of

lots of different

communities...

the thing that

binds all these

groups together

is caring

Two years ago, in the middle of the Covid pandemic, I arrived in Bridport with my three daughters. Because of the restrictions we were locked away, unable to meet new people, desperate to socialise and get to know our new home.

Before moving here I had been really involved with the community we lived in, and I really missed that involvement and activity. I was also worried that Bridport wouldn't offer me the opportunities that I had experienced in the past. How wrong I was!

Since then I have been amazed by the community spirit in Bridport. I have been especially surprised at how many

facilities and services we have for supporting people in need. The sense of community and togetherness – the desire to help and show love to our neighbours – is overwhelming.

The definition of community is a group of people living in the same place or having a particular characteristic in common. I believe this sums up Bridport perfectly. The town is, in fact, made up of lots of different communities: the arts community, the sports community, the intellectual community, the business community, the music community and many more. However, I believe the thing that binds all these different groups together is caring: Bridport is above all a caring community.

Since being here I've become more and more aware of the impact of poverty on families and individuals. I've seen isolation affect people in a way I've never experienced before, and I've seen loss and grief at unprecedented levels. As a result, however, I've also seen overwhelming levels of love, giving, sharing and generosity.

When I visited the food bank I was overcome by the generosity of our community. I have visited many, many food banks but I've never seen one as well stocked as Cupboard Love here in Bridport. Food kept coming in and parcels kept being sent out; it was great to know

> that nobody in Bridport needed to go hungry.

When I decided to become a

The Revd Helen Croud Team Curate

priest, I felt that my calling was to be part of a community. To be able to show God's love and compassion, to offer people help, support and comfort in times of need, and to celebrate and rejoice with people in times of joy. The great thing about doing this in Bridport is that I am part of a community that's already passionate about offering this in so many ways.

I want to thank everybody who has made me and my children feel so welcome here. I also want to thank those who have helped me to see God's love and passion throughout this community, and each and every member of the Bridport community for being *you* – and for making this town an incredible place to live and serve in.

The Revd Helen Croud

## West Bay: one of the brightest jewels in Bridport's crown

#### On our cover this month is the Discovery Centre at wonderful West Bay.

With its famous perpendicular cliffs, working harbour and beaches, West Bay is very different from the rest of Bridport. I love the Bay and often walk there across the fields with my dog, starting from the football club car park and



Olivia Daly Editor

stopping by the harbour for a coffee at Rachel's before heading back. For this month's magazine, however, I went there on my own to meet Liz Bryant, manager of the Discovery Centre. As the centre gears up for its busy season, Liz is full of enthusiasm for her work and love for her volunteer team. I really enjoyed my tour of this fascinating treasure trove of facts and fun, particularly what its exhibits have to say about the importance of protecting our environment.

Turn to page 9 for our interview with Liz – and to page 4 for information about the Discovery Centre's guided walking tours this season.

## Part-time vacancy

Cupboard Love, the Bridport food bank, is looking to appoint an assistant co-ordinator.



The successful candidate will be enthusiastic, flexible and willing to work in a team and independently to help develop the service.

The pay is £12-£15 per hour and the closing date for applications is Friday 15 July. Contact Carrie Gamble for more information: cupboardlove.bridport@gmail.com.

#### Volunteer drivers needed

Pathways to Care is a local charity providing transport services to those who cannot drive or access public transport, getting them to essential appointments.

Volunteer drivers are always needed, but there's currently a specific short-term need to help Ukrainian refugees who have come to be guests in the area.

If you can offer help to this worthy cause, please ring Good Books on 01308 420483 (weekdays 10am–1pm) or Sue Herman on 422598.

#### Welcome to our new bishop

The new Bishop of Salisbury, the Very Revd Stephen Lake, was enthroned at Salisbury Cathedral on Sunday 19 June in the presence of clergy, lay leaders and parish groups from across the diocese. Stephen's election to the role was confirmed on 1 April and he was consecrated at Southwark Cathedral later that month. He replaces the Rt Revd Nicholas Holtam, who retired in July 2021; the Rt Revd Karen Gorham, Bishop of Sherborne, was acting bishop during the interim period.

#### A new art competition for the town

A South Street gallery has launched a competition for artists with a top prize of £1,000 plus a solo exhibition. Howard Flanagan of Art Unlimited says: "We are keen to work closely with both the business community as well as schools and colleges to develop young talent and bring the best art possible into Bridport." Howard is known for his large, detailed canvases and has been a finalist in the Sunday Times Watercolourist of the Year award. The competition is open until 12 September and there are more details online at www.art-unlimited.co.uk.

#### See groundbreaking art at Salisbury Cathedral

The Vanity of Small Differences, an exhibition of six tapestries by contemporary artist Grayson Perry, is now on display at Salisbury Cathedral. Each of the 2x4m works, inspired by Hogarth's The Rake's Progress, charts a stage in the 'class journey' made by young Tim Rakewell. Perry unflinchingly exposes layers of unconscious bias in the scenes he portrays. Admission is included in the price of entry to the cathedral (£9 for the whole year).



## It's all about helping you find the best way to fund care

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## Guided walks resume from West Bay Discovery Centre

The award-winning Discovery Centre at West Bay has restarted its programme of popular guided walks for the summer and early autumn.

All the walks start at 10.30am on Thursdays, leaving from outside the centre, and cost £5 per person. They vary in length and difficulty so there's something suitable for almost everyone. The different walks are as follows:

- West Bay's Hidden History Walk (0.5 miles, 1.5 hours, very easy). Owing to the popularity of this walk the centre has added some Sunday dates, starting at 11am. 17 & 28 July, 14 & 25 August
- West Cliff and Eype Walk (2.5 miles, 2 hours, medium good terrain but some steep gradients). Discover the landscape between West Bay and Eype. 4 August
- *River and Railway Walk* (2 miles, 1.5 hours, easy one slope to the crest of the beach). Discover the history of the old West Bay railway and the beautiful flora and fauna along the River Brit. *7 July, 1 September*
- Stormy Seas and Crumbly Cliffs Walk (1.5 miles, 1.5 hours, easy). Discover how the weather has shaped West Bay through time and how the challenges of rain, wind and coastal erosion have been met. 14 July, 11 August
- West Bay Memories (0.5 miles, 1.5 hours, very easy). Join local historian and author Elizabeth Gale as she takes you on a walk down West Bay's Memory Lane. 21 July

To book, visit www.westbaydiscoverycentre.org.uk/guided-walks-around-west-bay or call 01308 427288. Walks may be cancelled in bad weather. Leaflets giving directions for two self-guided walks are also available from the Discovery Centre and to download from the website. They are 'Exploring the West Cliff and Eype' (2.5 miles) and 'Exploring the River Brit and Old Railway' (2 miles).

Turn to page 9 for our 'In the Pod' interview with Discovery Centre Manager Liz Bryant.

## Church services in July and August across the Bridport Team Ministry



Sunday		Tuesday		
8am	St Mary's Bridport	2.30pm	Holy	
	RCP Communion		Com	

9.30am St Swithun's Allington

**Eucharist** 

**Holy Trinity Bradpole** 

Informal Morning Praise (first & third)

Communion (second & fourth)

11am St Mary's Bridport

Communion (first, second & fourth)

Morning Praise (third)

**Holy Trinity Bothenhampton** 

Communion (first & third) Morning Praise (second)

Matins (fourth) St Mary's Walditch

Communion (fourth only) St John's West Bay

Communion (first & third) Morning Praise (second & fourth)

Monday

10am St John's West Bay

Morning Prayer

ly Trinity Bradpole

Communion (first only)

Wednesday

St Mary's Bridport 2.30pm

Communion (first only)

Thursday

St Swithun's Allington 10am

**Eucharist** 

St Mary's Walditch Morning Prayer

Saturday

St Swithun's Allington 6pm

> Contemplative Church (first & third) St John's West Bay Service of wholeness and healing (fourth only)

On Sunday 31 July (the fifth Sunday) there will be a team service at 10am at Holy Trinity Bradpole.

www.bridportteamministry.org

## St Mary's labyrinth offers a path to inner peace

Bridport now has its own labyrinth. The feature is in the grounds of St Mary's Church, close to the path running from South Street to the community orchard. The entrance is marked by a small sign.

The labyrinth is designed to be a space for prayer, meditation and contemplation. This is a very old idea, and similar constructions have been used throughout the ages to help people on their journey through life.

"Following the path, you walk to the centre, leaving the past, any worries, fears or regrets behind," says Tyrone Trower, deputy churchwarden. "When you reached the

middle, you can be still, with God or just with yourself in this peaceful place. You then leave the centre, walking through the labyrinth renewed to go on your journey."

There's more information (including an interactive map) about the history and location of other labyrinths around the UK online at www.labyrinthsinbritain.co.uk.

(If you're wondering, the difference between a labyrinth and a maze is that a labyrinth has one continuous path leading to the centre, while a maze has many 'dead ends' and misleading paths that branch off. Now you know! Ed.)





# A chance to see some right royal craft projects

Earlier this year the Royal Voluntary Service (RVS) launched its 'Royal Knitting' project, inviting people to knit and craft pieces to celebrate Her Majesty The Queen's Platinum Jubilee. Some queenly examples are pictured above.

The RVS has organised similar projects before, but this one was extra special as the Queen is the charity's patron. "We have had some beautiful items coming in," says Maria Jacobson, the service manager for Dorset. "They've been made and donated by RVS volunteers and clients, plus other people in the community who have this special talent and wanted to be part of the celebration. We'd like to thank everybody who has contributed so kindly and generously."

The figures and other pieces were first on display at Dorchester Library & Learning Centre, but since mid-June have been touring a number of Dorset libraries. Sadly they won't be coming to Bridport, as the library's calendar is just too full, but they will be at Lyme Regis library from 7 to 19 November. When the tour finishes, next January, the items will be sold to raise money for the RVS.

## Storytelling in Bridport Community Orchard

There's something new for story lovers at Bridport Community Orchard this summer.

Organisers have arranged five storytelling sessions in July and August. They're free and are suitable for anyone aged 14 and over. Everyone's welcome to come and tell a story – or just listen and lose yourself in the magic of the spoken word.

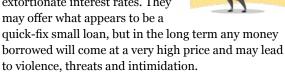
The dates are all Mondays: 4 and 18 July plus 1, 15 and 29 August, from 7 to 9pm (there was also a session on 20 June). Please bring a chair or blanket to sit on.

For more information, or if you're interested in telling, contact Lu Orza: *luisa.orza@gmail.com* / 07792 394209. The orchard is off South Street behind St Mary's Church.

## Tackling the problem of illegal loan sharks

Dorset Trading Standards are working with the England Illegal Money Lending Team (IMLT) to warn residents about the dangers of loan sharks.

Loan sharks are unregulated, often give cash loans without any paperwork, and charge extortionate interest rates. They may offer what appears to be a



In most cases, victims are introduced to the lender through a friend, family member or work colleague. Borrowers believe the loan shark is just doing them a favour, helping them out, but the situation can turn nasty very quickly if repayments are not met.

The IMLT is a dedicated team of specialists working across the country to lead the fight against loan sharks. They have helped thousands of people escape the clutches of these criminals and wiped out nearly £90 million of illegal debt. They provide a confidential helpline for people affected by illegal lending as well as information and guidance on how to spot the signs and report the crime.

It is believed that more than a million people in England are currently borrowing from loan sharks. Borrowers are not in any trouble for accepting a loan from a loan shark; it is the lender who has committed a criminal offence.

If you are concerned about the activities of an illegal money lender and would like more information, support or advice, you can call the IMLT helpline on 0300 555 2222 or visit *www.stoploansharks.co.uk*. Live chat is available on the website between 9am and 5pm, Monday to Friday.



Thelma Pulman (pictured), organist at St Mary's Walditch, took part in the fundraising Musicathon at Bridport United Church on 11 June and raised £298.50 for the Richard Ely Trust and the Weldmar Hospice. She'd like to thank everyone who sponsored her.

## The Magdalen Whitewash is set to move Bridport audiences this month

The Bridport Shakespeare Company will perform its latest production, The Magdalen Whitewash, on three dates this month.

The Magdalen Laundries – the last of which only closed in 1996 – were institutions run by nuns where 'fallen' girls and women were locked away by their families for a wide range of supposed failings, including being pregnant out of wedlock. The 'Maggies' then spent a lifetime 'washing away the stain' and grieving for their lost babies who had been forcibly taken away.

The play was written by director Valerie Goodwin in 2002 and covers the stories of eight of these girls. "It has a cast of seventeen, with eight 'Maggies' and four nuns, so most readers will know at least one person in the cast," she says. "The youngest actor is Bea Frampton, aged seven – I won't say who is the oldest!"

Some of the cast were in the original production, and some in the 2012 one. Janet Robinson (The Bridge's distribution



coordinator for Bradpole) plays Sister Margaret. The music is by Pete Burns, a well-know local performer.

Tuesday 26 & Wednesday 27 July at 7pm: The Hayloft at the Bull Hotel. Saturday 30 July at 7pm: Mountfield Terrace.

Tickets £10 from Tourist Info Centre. The group will be making a donation to Women's Aid from the proceeds.

## Bridport Climate Response launches new website

The Bridport Climate Response project has achieved one of its major aims: launching a new website.

The site is a single source of local information on many aspects of climate change, including home energy, habitat restoration, wellbeing, emergency resilience and many more. It's designed to be easy to access and explore, and should help users to find either simple answers or fuller briefings, as they prefer.

The costs of developing the website have been supported by a grant from Bridport Town Council. Some of its main features are:

**Six simple steps:** the homepage lists six actions people can take at home to save money and reduce their climate impact, covering food, home energy and travel.

**Directory:** a list of local organisations relevant to most aspects of climate change and its impacts. Entries are listed alphabetically as well as by topics such as habitat conservation, wellbeing and emergency resilience. (Corrections and/or additions welcome at bridportclimateresponseoffice@gmail.com.)

**Volunteering:** many of the organisations listed in the directory are non-profit bodies that depend heavily on volunteers to do their good work. As the impacts of climate change get more severe, voluntary help will be even more crucial to supplement the good work of public services. The website can help you locate local volunteering opportunities.

**Wellbeing:** research shows that the climate crisis has led to high levels of anxiety and stress, especially among young people. The site lists national and local resources to help.

**Young people:** There is a separate section in the Directory listing resources and support for young people, and info on the Challenge Fund, which Seeding our Future is offering to help give local young people a voice in climate change activity in our community.

**Big Picture:** This section gives a reasonably brief overview of what climate change is, how it may affect us in Bridport, and ways to lobby for national policy changes.

www.bridportclimateresponse.net



Home	Directory	Events	News	/Blogs/N	ewsletters	Resources	Social Media	Volunt	teering	About	Contact
	Food	Home E	nergy	Travel	Habitat	Wellbeing	Emergency Res	ilience	Big Pic	ture	

## Cycling Without Age helps to make people smile again!

Pictured: Brian out and about in West Bay on his 90th birthday with his wife, Jan, and pilot Julian



Cycling Without Age (CWA) is an international project that aims to improve the lives of elderly people and those with a disability or limited mobility by giving them free trishaw rides around their local community and further afield.

There is now a CWA group in Bridport, run by volunteers, and trishaw 'pilots' have been busy taking out delighted passengers since the lifting of Covid restrictions.

A spokesperson says: "We believe life can and should be beautiful even for those who find it a challenge to get out and about. Nothing beats witnessing the joy of passengers coming back from their first ride with wind-blown hair and rosy cheeks and full of stories."

CWA is always on the lookout for new pilots who want to make a difference in a rewarding way while meeting new people and getting some exercise too. "We call it 'active citizenship' – creating relationships and making a real difference in the community. We'd love to hear from people who want to get involved in this special project."

In addition to 'regular' rides, CWA hopes to make the trishaw and pilot available for special occasions like birthdays and anniversaries.

To book a ride, email *cwabridport@outlook.com*, call 07570 072676 or message CWA via their Facebook page, 'Cycling Without Age – Bridport'.

Donations are always welcome, too, and CWA has a



GoFundMe page: www. gofund.me/afadb134. The group would also be happy to receive offers of sponsorship from local organisations.



Booking is easy: Book in person at Bridport Tourist Information Centre, visit us online at www.bridport-arts.com or call 01308 424901. The Gallery is open Tuesdays – Saturdays, 10am to 4pm



## Fun and awareness at West Bay's award-winning Discovery Centre

In the pod this month is Liz Bryant, manager of the Discovery Centre at West Bay.

The Bridge: Tell us a bit about your career and what led you to this job.

Liz Bryant: I've had a pretty varied career. I worked in gardening, then I did admin for a publishers in Poundbury, then my partner and I started a shipping consultancy together. We sold that business in 2019, which gave me time to take stock and think about what I wanted to do next. Looking for inspiration, I started volunteering with the National Trust and at a wildlife hospital, and I soon I realised that what actually inspired me was working with volunteers. I love it - and of course volunteers are crucial to the Discovery Centre's success.

TB: Is working with the volunteers your favourite part of your job here?

LB: Definitely! We have 37 volunteers here, and they all work either a weekly or fortnightly shift, morning or afternoon. I do their initial training – there's lots to go through - then they start their role, mainly stewarding and helping the public. There's a lovely atmosphere here; visitors come wanting to have a nice time, and they're always surprised by what they find!

The volunteers' enthusiasm and flexibility are what kept us going through the pandemic. Obviously we were closed during the first lockdown - and I was furloughed for three months - but we were the first centre along the Jurassic Coast to reopen (with restrictions) in June 2020. We stayed open until October, then closed for the second and third lockdowns and further restriction and reopened 'for good' in May 2021. This year, though, it's been really, real busy – it just hasn't stopped since the October, then closed for the second and third lockdowns and further restrictions, This year, though, it's been really, really  $\ddot{\Xi}$  February half term, and we had 200



people through every day during the summer half term. That's absolutely at capacity for us, and the volunteers have just stepped up and adjusted so well.

TB: What's your favourite exhibit at the centre?

LB: I'm really into fossils so I love our 'Buried in Time' pop-up exhibition, which is all about the geology of West Bay. It's to mark the 20th anniversary of the Jurassic Coast's designation as a World Heritage Site.

My favourite permanent exhibit is the 'Create a landslip' game, where visitors pile up blocks of 'cliff' until they fall down. It's noisy and it always makes people jump – I really enjoy listening to them having fun with it.

TB: You live inland at South Petherton. What do you like best about coming to work in West Bay?

*LB*: It's one of the most beautiful places in the world. During my lunch break I like to sit outside, often on the pier, to look at the sea and watch the world go by. I love that it's 'real' and unpretentious. It's also a really important place to lots of people, including visitors who've been coming here since childhood and still come, year after year, because they love it so much. It's very special.

TB: The Discovery Centre recently won gold in the Ethical, Responsible and Sustainable Tourism category at the South West Tourism awards, and went on to receive a bronze in the national awards. It also scooped the 'Winner of Winners' prize at the Dorset Tourism awards. What do you think makes the centre stand out among the competition, particularly in this field of sustainability and environmental awareness?

LB: So much of it is down to the passion of our trustees, John and Sarah West. In absolutely everything we do, they make sure we're taking a responsible approach - for instance, working with suppliers to reduce plastics in our shop and maximise the use of recyclable materials. They're also committed to spreading awareness, particularly to children, and promoting the message of environmental responsibility.

We have a permanent interactive screen showing how climate change would affect West Bay, and last year we had a pop-up exhibition called 'Turning the Tide', which was seen by more than 10,000 people. It told the story of plastic and highlighted the impact of single-use plastics, showing how individuals can help to reduce the level of microplastics in the sea.

I work closely with the Wests to make sure the centre is never static, always improving and doing new things. Our standards are high - we engage the community as much as possible and work with local experts to get things right. We have big plans!

West Bay Discovery Centre is on East Beach next to the Bridport Arms car park (DT6 4EN). From April to October it's open Tuesday to Sunday (plus bank holiday Mondays) 11am-4pm. Entry is free although donations are very welcome. There's more information at www.westbaydiscoverycentre.org.uk and on Facebook, Instagram & Twitter.





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#### Emergency food request!

Stocks at Hopeful Hampers are running low and the emergency food bank urgently needs donations of certain items. There are collection points in the Co-op and in Holy Trinity Church, Bradpole. Currently needed are:

- Large jars of pasta sauce
- 500g packets of pasta (not spaghetti)
- Strawberry jam
- Peanut butter
- Savoury biscuits
- Packets of instant mashed potato
- 1 litre cartons of long-life milk
- 100g jars of coffee





#### ST MARY'S Bridport

Parish editor – Peter Wright 456967 Director of music – Tim Linsley 07830 308701 Tower captain – Bob Hardwick 420632

#### The Living Churchyard project

As a community group we continue to meet every Friday from 1.30 to 3.30pm (weather permitting) to care for the churchyard at St Mary's. We also continue to develop and enhance the biodiversity of species and plants in our green space linking across to the Community Orchard. It's really encouraging after so many years to see this area develop with oxeye daisies, cow parsley, white clover, yellow rattle and cuckoo flower.

Our new woodland area is also growing well with ferns, hellebores, native bluebells and fungi. We have created lots of wood piles for insects and an area to encourage hedgehogs, although we haven't seen one yet! The churchyard is buzzing with bees and butterflies, however, which is good news.

Here are some photos to enjoy – but, even better, why not take a stroll around the churchyard and see what you can spot?

Jane Trower









Covid-19 has made a huge impact in so many ways and many of our regular donors have not been able to support the church as they once did. If you can make a donation, whatever you can give, you will be helping us to maintain our beautiful church and its ministry in the heart of Bridport.



## **Summer Saturday** Coffee & Cake

Saturdays 23 July and 13 August 10.30am-12.30pm

Come to St Mary's Bridport to enjoy coffee and delicious homemade cakes



July services at St Mary's Bridport (all welcome):

•	5	I
Sunday 3	8am	<b>Holy Communion (BCP)</b>
	11am	<b>Holy Communion</b>
Wednesday 6	2.30pm	<b>Holy Communion</b>
Sunday 10	8am	<b>Holy Communion (BCP)</b>
	11am	<b>Holy Communion</b>
Sunday 17	8am	<b>Holy Communion (BCP)</b>
	11am	<b>Morning Praise</b>
Sunday 24	8am	<b>Holy Communion (BCP)</b>
	11am	<b>Holy Communion</b>
Sunday 31	10am	Team service at
		<b>Holy Trinity Bradpole</b>

August services:

Wednesday 3	2.30pm	<b>Holy Communion</b>
Sunday 7	8am	<b>Holy Communion (BCP)</b>
	11am	<b>Holy Communion</b>
Sunday 14	8am	<b>Holy Communion (BCP)</b>
	11am	<b>Holy Communion</b>
Sunday 21	8am	<b>Holy Communion (BCP)</b>
	11am	<b>Morning Praise</b>
Sunday 28	8am	<b>Holy Communion (BCP)</b>
	11am	Holy Communion

#### **HOLY TRINITY Bothenhampton**

Parish editor – Barbara Ffooks 423122 Children & youth worker -Jean Mitchell 422127 Home communion -The Revd Kay Watters 427290 Director of music – Sue Smith 456955

#### From the parish editor

Bothenhampton was in celebratory mood for the Queen's Platinum Jubilee weekend in early June. The village was a sea of red, white and blue by the first day of the bank holiday, which was warm and sunny, and residents were outside enjoying the occasion. In the church the windows had been imaginatively decorated with a royal theme by various groups and individuals. There was a magnificent model of the Gold State Coach (used at the coronation of every monarch since George IV) with attendant regiments,

## Bothenhampton Church Fete

Saturday 16 July, 2.30-5pm

Do you make things to sell? Are you a great crafter producing beautiful handmade goods?

Do you do home sales for a well-known brand?

Why not have a table at our popular village fete?

The table will cost you £10 for the afternoon.

What a great way to meet new customers!

To book a table, phone Heather on 01308 423220





#### **HOLY TRINITY Bothenhampton continued...**

while the font was royally dressed with a crown, flags and red, white and blue flowers, and even a corgi on the steps!

In the Old Church a display of maps and photos going back over 100 years showed the history of Bothenhampton. This attracted much interest from residents who could see their houses and surroundings in times gone by.

The coffee morning on 4 June was very well supported, and people were treated to cakes and Platinum Pudding. They also had an opportunity to look at the items decorating the church. In the evening a family barbecue was held in the John Holt Play Area, and was enjoyed by all there.

On Sunday 5 June, Holy Trinity hosted an uplifting service for the Bridport Team to celebrate Pentecost and the Platinum Jubilee. Members of the 50-strong congregation were welcomed to Holy Trinity by music from the handbell ringers. During the receiving of Communion the choir sang a new anthem commissioned by the Royal School of Church Music, which has the Queen as its royal patron. The piece, 'In our Service', was written by Thomas Hewitt Jones, with extracts from the Queen's own speeches included in the text. After the service there was a delicious bring-and-share lunch with contributions from all our churches.

As summer continues, our thoughts turn to the fete at Holy Trinity on Saturday 16 July, starting at 2.30pm. There will be cream teas, books, a tombola, cake stall, plants and games to enjoy, with entertainment from the ukulele band and the handbell ringers. There will also be a tabletop sale either for charity or for private selling. See the panel above for details.

On Saturday 20 August we're holding our 'Doghampton' dog show, following the great success of the first one last year (see the panel above right for details). We hope to have a display by the Bridport Dog Training Society at this event.

Coffee mornings in Holy Trinity will be on Saturdays 2 July and 6 August, 10am to 12 noon.

The village hall is available for parties and other functions. To book ring Heather on 423220. Barbara Ffooks

## Doghampton!

#### A fun dog show for Bothenhampton Saturday 20 August, 1–3pm

Hot dogs • Tombola for dogs & owners

#### Fun dog classes to enter:

Best at walking to heel (2pm) • Best retrieve (2.05)
Best at sit and stay (2.10) • Best rollover (2.15)
Best trick (2.20) • Waggiest tail (2.25)
Most loveable puppy under one year (2.30)
Loveable misfit (2.35) • Best veteran aged 10+ (2.40)
Most appealing eyes (2.45) • Best fancy dress (2.50)
Best dog in show (2.55)

Please buy a blue raffle ticket (50p) before the show begins for each class you want to enter



#### July services at Holy Trinity Bothenhampton:

Sunday 3	11am	<b>Sung Communion</b>
Sunday 10	11am	<b>Morning Praise</b>
Sunday 17	11am	<b>Sung Communion</b>
Sunday 24	11am	Matins
Sunday 31	10am	Team service at
		<b>Holy Trinity Bradpole</b>

#### **August services:**

Sunday 7	11am	<b>Sung Communion</b>
Sunday 14	11am	<b>Morning Praise</b>
Sunday 21	11am	<b>Sung Communion</b>
Sunday 28	11am	Matins

#### HOLY TRINITY Bradpole

Parish editor – Douglas Baldwin 424232 douglas.baldwin@seaside20.plus.com Distribution – Janet Robinson jrb-jrb@outlook.com Tower captain – Janet Robinson If you have any pastoral or personal issues, please contact the Revd Janis Moore 425644 (Wednesday is her day off)

#### From the parish editor

We held our Platinum Jubilee celebrations at Gore Cross recreation ground on a blustery Saturday afternoon, 4 June (see photos opposite).

The event attracted around 150 people, who were each presented with a Union flag and hat on arrival. The children were well catered for with face painting and fun and games with various pieces of equipment. Ladies from Holy Trinity and elsewhere provided tea and cake.

#### **HOLY TRINITY Bradpole continued...**

The Revd Janis Moore dedicated the Jubilee trees that had been planted earlier in the year in the recreation ground and opposite in Townsend Way. Douglas Baldwin

#### **Bradpole Parish Council:** notes from the May meeting

A final consultation response to the community governance review (CGR) would be submitted to Dorset Council, including



reference to the 90% of Bradpole residents who responded to the first CGR consultation and indicated they were in favour of keeping Bradpole Parish Council.

The council agreed the purchase of fitness equipment for the Gore Cross recreation ground at £8,614 plus VAT\*. This would be offset in part by a CIL\*\* payment of £3,416.30 from an October 2018 planning decision. Councillors were also very grateful for donations of £500 from Sirco and £200 from Huck Nets towards the cost of the equipment.

In the democratic 10 minutes, a resident raised the issue of vehicles speeding along the A3066 (Beaminster Road), having had a speed survey carried out that had recorded very high speeds along this stretch of road. This will form an agenda item at the next meeting.

The clerk reported that Royal Mail and Dorset Council (DC) had agreed that the post box would be moved to Caley Way, and that DC would again be asked to proceed with the requested pedestrian safety road markings in Caley Way.

There are full details of the meeting on the council's website: www.bradpole.org.uk

\* VAT may be recoverable from HM Revenue and Customs. \*\* The Community Infrastructure Levy (CIL) is a charge that local authorities can set on new development to raise funds that help to fund the infrastructure, facilities and services - such as schools or transport improvements - needed to support new homes and businesses.

#### **Bradpole lunch**

On the second and fourth Tuesdays of each month, more than a dozen people meet for lunch and a chat. The meetings are usually hosted by Don, landlord of the King's Head (pictured below). Recently Don had a well-deserved holiday, so we met for fish and chips at Longs, where we were very nicely served.

We gather at about 12.15pm and the meal is served at 12.30. Don chooses the meal each time, having asked our opinion at the previous meal, and we have never been disappointed. The group includes people from Bradpole and the surrounding area, including Walditch; some, but not all, are members of the local church. If you are interested in joining the group, please contact Daphne King on 01308 427552 to book a place. There is only a modest charge for the two courses.









Sunday 3

Sunday 28



Pictured: There was fun for all and delicious refreshments at Bradpole's Jubilee celebrations. The Revd Janis Moore dedicated the Jubilee trees planted earlier in the year

**Morning Praise** 

**Holy Communion** 

#### July services at Holy Trinity Bradpole: 9.30am

Tuesday 5	2.30pm	'Tuesdays Together'
		Communion
Sunday 10	9.30am	<b>Holy Communion</b>
Sunday 17	9.30am	<b>Informal Morning Praise</b>
Sunday 24	9.30am	<b>Holy Communion</b>
Sunday 31	10am	Team service at
		<b>Holy Trinity Bradpole</b>
August service	es:	
Tuesday 2	2.30pm	'Tuesdays Together'
		Communion
Sunday 7	9.30am	<b>Morning Praise</b>
Sunday 14	9.30am	<b>Holy Communion</b>
Sunday 21	9.30am	<b>Informal Morning Praise</b>

### **Friends of Holy Trinity**

Summer afternoon tea in the church Thursday 14 July, 2.30-4.30pm

Join us for the afternoon and enjoy a tea with delicious cakes, sandwiches and other delights. All welcome!

9.30am



#### ST MARY'S Walditch

Parish editor – James Craddock 458725 walditchbridgejsc@outlook.com Verger – Pat Stapleton 456421 If you have any pastoral or personal issues, please contact the Revd Ann Ayling 424896 (Wednesday is her day off)

#### Jubilee celebrations in Walditch

On Sunday 5 June, Walditch village threw a party to celebrate the Queen's 70-year reign. More than 100 villagers and friends came to a Platinum Jubilee lunch and picnic in marquees on the village green.

As well as the lunch, there were children's races, a jazz duo, a cake competition, and possibly cups of tea and cake... though everyone was too tired to notice by then.

The organisers would like to thank everyone who came along, plus all those who worked so incredibly hard to make it all happen.

St Mary's was decorated for the occasion, too, with beautiful red, white and blue flower arrangements and other displays of British artefacts.

We hope these photos give you a flavour of the weekend.









#### **Walditch Garden Group**

Join us for our monthly garden group meeting on Thursday 28 July at 10am in Walditch Village Hall. We meet on the last Thursday of the month for seasonal topics and garden discussion with tea/coffee and biscuits. We look forward to welcoming you.

#### Garden tips for June:

Keep water for birds topped up and clean; keep salad and veg crops well watered in hot weather; pinch out runner beans at the top of their canes; pinch outdoor tomatoes when four trusses have formed, and remove all sideshoots; sow the last veg for harvesting in autumn and plant out winter brassicas; prune shrubs that flowered in early summer and take semi-ripe cuttings from shrubs; summerprune wisteria; divide beard irises; layer and take cuttings from carnations and pinks; plant autumn-flowering bulbs; transplant seedlings of biennials sown earlier... and watch out for any pests and diseases!

Jane Mowatt

July and August services at St Mary's Walditch:
Sunday 24 July 11am Holy Communion
Sunday 31 July 10am Team service at Holy
Trinity Bradpole
Sunday 28 August 11am Holy Communion
Also Morning Prayer every Thursday at 10am







#### ST JOHN'S West Bay

Parish editor – Sue Pollock 07903 558568 Chapel warden – Rosemary Russell 423013

#### News from St John's

On 4 June the sun came out for our first wedding since lockdown as Rebecca and Steve tied the knot. The church was beautifully decorated with a nautical theme.

Brit Valley Rotary will be holding their monthly book sale throughout the summer outside St John's from 10.30am to 3.30pm. The next sale is on Saturday 23 July.

Churches Together will be holding their outside services on Sundays 10 and 24 July at 4pm (inside St John's if the weather is inclement). All are welcome.

The West Bay Ladies are holding a cake stall on Wednesday 27 July from 10am to 1pm outside the church to raise funds for the cancer unit at Dorset County Hospital.

#### West Bay WI

The regular Knit & Natter will take place at 10am on Wednesday 6 July, and then on 12 July at 2.30pm there will be a talk about 'chair yoga' by Jenny Fowler.

An outing to Haskins Garden Centre in Wimborne has been arranged for Wednesday 27 July, leaving Bridport at 11am. If you are interested in going on the outing or joining this group, please contact their president, Alison Ridge, on 01308 897293.

The WI ladies will be holding a cake stall outside St John's on Saturday 20 August from 11am to 3pm.

#### Round and about the Bay

The Jurassic Coast Challenge took place over a very wet and windy weekend, 15–16 May, covering 100km from Corfe Castle to Weymouth for an overnight stop, and then on to West Bay on the Sunday. I saw many rather bedraggled competitors early on the Sunday when I was out cycling, and did my best to encourage them on those last few kilometres.

We had another unpredicatable weather forecast for Pirates Day on 4 June, but there was a real buzz around the Bay, with sea shanties courtesy of the Bridport Broadsides (pictured below) to accompany a number of different challenges for children on Fisherman's Green. The event culminated in fireworks in the evening.

### Below: The Bridport Broadsides entertained the crowds on Pirates Day



A lovely crochet top appeared mysteriously one morning on the post box outside the newsagent, featuring a pirate boat. The Discovery Centre also had a pirate theme during the half-term holiday, and children were invited to make pirate hats and search for 11 carefully hidden pirate pebbles. Success meant a certificate granting honorary membership to Jack Sparrow's Pirates. Jack's pirate scarecrow was there to oversee the competition, and anyone found cheating had to walk the plank!

Weekly guided walks from the Discovery Centre take place on Thursdays at 10.30am and can be booked at the centre or online at www.westbaydiscoverycentre.org.uk (also see p4).

#### **Visitors to West Bay**

I often wonder what attracts tourists to West Bay, and why they keep coming back. Obviously the scenery is a major attraction, but that can't be the only reason, so I decided to visit the South Yorkshire Caravan Club as they celebrated the Platinum Jubilee in the private field of the West Bay Camp Ground. I was warmly welcomed into their camp and visited a few times to get a feel of why they like West Bay.

This group first came here in 2004 and have been coming back every other year since then. They brought 40 caravans this year, and although most members came from

Pictured: The South Yorkshire Caravan Club enjoyed a Jubilee 'street party' (below) and a children's crabbing competition (bottom) during their visit to West Bay





#### ST JOHN'S West Bay continued...

South Yorkshire, some came from Kent and Sussex.

They always hire a marquee from a local company for the week, and only need a water supply and Elsan facility, so are basically self sufficient. I was invited into one of the caravans and was amazed at how well kitted out they are, even with central heating, which is essential for winter rallies. I was handed a programme of events, starting with a pyjama party on the Saturday night to allow members to relax and unwind after their journey. Other events during the week included a cheese and wine tasting event, crabbing competition for the children, a street party on the Thursday where afternoon tea was served, a march past and singing the national anthem, and then finale celebrations on the Friday night. It is very much a family affair, with ages ranging from 1 to 86, and the oldest member in fact celebrated his birthday on the Tuesday. The gentleman in question plays Santa on their Christmas rallies, so is a very popular character.

This year the teens hired paddleboards and went down the river. As well as enjoying all the fun activities, the group also raises funds for three charities in South Yorkshire, although unlike many fundraisers they elect to pay for things needed to avoid administration charges.

I talked to a number of the group, and they all said

how much they loved the area: so many good walks, easy access to the beach, and the fact that it's very much a traditional, relatively unspoilt place. They are always made to feel welcome around the Bay and just love the relaxed atmosphere. Although change happens, it's good to see that the Bay manages to keep its enduring appeal for visitors. *Sue Pollock* 

#### July services at St John's:

Sunday 3	11am	<b>Holy Communion</b>
Sunday 10	11am	<b>Coffee &amp; Morning Praise</b>
Sunday 17	11am	<b>Holy Communion</b>
Saturday 23	6pm	Service of wholeness
		and healing
Sunday 24	11am	<b>Coffee &amp; Morning Praise</b>
Sunday 31	10am	Team service at
		<b>Holy Trinity Bradpole</b>
August servi	ces:	
Sunday 7	11am	<b>Holy Communion</b>
Sunday 14	11am	<b>Coffee &amp; Morning Praise</b>
Sunday 21	11am	<b>Holy Communion</b>
Saturday 27	6pm	Service of wholeness
		and healing
Sunday 28	11am	<b>Coffee &amp; Morning Praise</b>

Also Morning Prayer every Monday at 10am





#### ST SWITHUN'S Allington

Parish editor – Anna Sullock aejsullock@gmail.com Distribution – Kevin Payne 07976 534517

Our car boot sale and plant fair on 21 May raised more than £1,000, as well as plenty of smiles! On the left are a few photos of the event...

#### From the parish editor

July and August are months associated with holidays; a time that all generations look forward to. Within living memory the August holiday was a time for all the family to get involved in harvesting the corn, and nowadays it's a time to venture away from the daily routine to somewhere else. Many people in Dorset head further south west to the end of the peninsula. Cornwall is known as the 'Land of Saints' – more there than in heaven, as the jest goes – and there are over 50 villages in the county starting with the word Saint. Apparently there's even a patron saint of house hunting called St Joseph.

Pilgrimage is another type of journeying, often to an unknown or foreign place. It is when a person goes in search of new or expanded meaning, to learn through experience about their sense of self, of others, of nature or a higher good. It can lead to personal transformation, after which the pilgrim returns to their daily life.

Foraging is fun in the summer, and the Royal Horticultural Society lists many edible flowers. Calendula and nasturtium, for instance, can add colour to a salad, and the latter is also good in a cheese and walnut sandwich. Flowers can add texture and flavour and visually enhance savoury or sweet meals. Drinks such as cordials can benefit, too; blue borage flowers can be added to Pimm's for a cucumber

#### ST SWITHUN'S Allington continued...

flavour and a little crunch. They can also cover a soft cheese or butter. Elderflower makes a nourishing snack when dipped in batter to make fritters, with a squeeze of lemon and a squirt or sprinkle of something sweet. Courgette flowers can be battered for a more savoury dish. Bergamot flowers complement bacon, poultry, rice and pasta dishes, and chrysanthemum petals and calendula can be added to creamy soups, fish chowder and egg dishes.

Many flowers can be grown in a window box or garden pot from early spring to late autumn. Children can get involved in growing and preparing food. Enjoy and have fun! *Anna Sullock* 

July and August services at St Swithun's: Eucharist is held every Sunday at 9.30am (except 31 July) and every Thursday at 10am. Contemplative Church is held on the first and third Saturdays each month at 6pm in St Swithun's Hall.

On Sunday 31 July there is a team service at 10am at Holy Trinity Bradpole.

There is a community coffee morning on the first Thursday every month from 10.45 to 11.45am (after 10am Mass). Everyone is welcome.

#### **Bridport UNITED CHURCH**

Minister – The Revd John Yarrien 01305 262421 Church secretary – Sue Herman 422598 / bridportsec@gmail.com

incorporating

#### **UPLODERS CHAPEL**

Correspondent – Carol Hall 423163 / carol@gribb.plus.com

#### Messy Church is back!

We are very excited to be able to do Messy Church again. Our summer dates are Thursdays 28 July and 18 August.

Messy Church is for children with adults and the activities are designed for children up to about 10, although we are happy for older children to come, too. We begin at 3.30pm with an hour for drinks and biscuits and a variety of craft activities in the church hall (the door is halfway down the alley at the side of the church). At 4.30 we go into the church for our story of the day. In July it's the story Jesus told about the shepherd going to look for the lost sheep. God is like the shepherd, looking for everyone and really happy when they are safe. After that we all have tea together. Please tell everyone with children about Messy Church because we love it when lots of people come.

#### **Bible Month**

July is Bible Month, an opportunity to focus on one book in the bible. This year we are looking at the book of the prophet Isaiah, and we will be looking at some themes from Isaiah during Sunday morning services. The book spans about

#### Cream tea

Saturday 16 July, 2.30–4.30pm St Swithun's Church, Allington

> St Swithun's Band Cream teas and cakes Bring-and-buy and raffle

We look forward to seeing you in the church garden. Free entry & parking All most welcome!



200 years of the history of Judah centred on Jerusalem and beginning more than 700 years before the birth of Jesus. It is fascinating and challenging and the themes picked out are: 'Tough Love', 'Light to the World', 'Faithful Servant' and 'A New World'.

If you prefer something more informal, we have Soul Space at 4pm on the first Sunday of every month. There is music, exploration of our faith, and cake.

Don't forget you can always drop in for coffee and a chat in the church hall on Wednesday mornings.

There are lots of things happening at the church so keep an eye out for information on posters and local listings (and see below). It's a joy to be able to meet together so let's make it a summer of celebration.

The United Reformed Church is 50 years old this year. It was formed by the coming together of Congregational and Presbyterian churches, later joined by the Churches of Christ. We are having a party on Saturday 30 July to celebrate. There is plenty of hardship near and far but that doesn't mean we can't celebrate together the God who meets us, strengthens us and blesses us.

Gill Bumphrey

Lay preacher at Bridport United Church

#### July services at Bridport United Church:

Sunday 3	10.30am	Peter Jenner (HC)			
	4pm	Soul Space with tea and cake			
Sunday 10	10.30am	Gill Bumphrey			
Sunday 17	10.30am	local arrangements			
Sunday 24	10.30am	Revd John Yarrien			
Sunday 31	10.30am	Revd Gwyneth Owen			
August services:					
Sunday 7	10.30am	Peter Kershaw (HC)			
	4pm	Soul Space with tea and cake			
Sunday 14	10.30am	Roger Phillips			
Sunday 21	10.30am	Gill Bumphrey			
Sunday 28	10.30am	Revd John Yarrien			

#### BRIDPORT UNITED CHURCH continued...

#### **Regular events**

Our coffee mornings are held every Wednesday and Saturday (not 13 Aug) from 10am to 12 noon. All welcome.

Mondays 10am-noon Local Vocals (in the church)
Tuesdays 10.30am Age UK dementia group
2pm Bridport Blind Club (first and

third Tuesdays)

2pm Bridport u3a (fourth Tuesday)7.30pm Bridport Big Band in church

Wednesdays 6pm Fitsteps

7.30pm Kick boxing
Thursdays 5pm Slimming World
Fridays 6pm Kick boxing

#### Other events in July

Saturday 9 9–11.30am Big Breakfast

Thursday 21 2pm Thursday Club – tea, chat, crafts, etc. All welcome

Saturday 30 afternoon Church all-age party

#### August events:

Saturday 6 9–11.30am Big Breakfast
Saturday 13 Vinyl Saturday (no coffee)
Thursday 18 2pm Thursday Club
Wednesday 24 12.30pm Lunch Club (please book with Sue: 422598)
Saturday 27 9–11.30am Big Breakfast in aid of

#### From Uploders Chapel

Our plans for early June changed because of the Platinum Jubilee bank holiday weekend, and the decision was taken to postpone our planned joint service until later in the year. Watch this space!

Christian Aid

The scarecrow festival went well and on three of the Platinum Jubilee days we opened the chapel for cuppas and cake. We raised the great amount of £355, which is a good boost to chapel funds. Once again I am so pleased to be able

to say a HUGE thank you to everyone for their support. Word got out that Viv, who normally produces lots of cakes, had broken her arm and wouldn't be able to do so much. As a result many of you stepped up to the mark and produced lots of cakes. We are so fortunate to live in such a truly wonderful community, both within the village and further afield. You are a fine example of true British spirit.

Also, thanks very much to those of you who called in and enjoyed the delicious cakes and cuppas and to those who were on



Pictured: 'Brünnhilde the Valkyrie', one of the exhibits in this year's Loders and Uploders scarecrow festival

duty to keep the kettles boiling, etc. Fortunately the weather wasn't too bad and folk were able to enjoy sitting outside if they wanted to.

I found these words, written by Sara F Hills, some time ago and I want to share them with you:

Thank you sun for your warmth and cheer, Thank you Lord for friends held dear, Thank you Father, in Heaven above

for health, contentment, peace and love. So I hope you all managed to have a Jubilant June and can look forward to a Joyous July.

Carol Hall

July services at Uploders Chapel:

Sunday 3 10.30am Roger Phillips Sunday 17 10.30am Chris Warren

**August services:** 

Sunday 7 10.30am Pamela Woodland Sunday 21 10.30am Peter Kershaw

#### St MARY & St CATHERINE Roman Catholic Church

Parish priest – Monsignor Keith Mitchell
Presbytery 424754
keith.mitchell@prcdtr.org.uk
Secretary – Faith Leborgne 422594
bridport@prcdtr.org.uk

#### Max, our parish pilgrim

How many stories are there? Joseph Campbell, writing in 1947, argued that there is only one. He called it The Hero's Journey, in which he identified 17 steps, but they can be thought of in three stages: a hero ventures from the common-day world; encounters and overcomes hardships; then returns with a gift (usually of knowledge) to help others. This pattern is found in ancient myths and in modern stories, from The Odyssey to Harry Potter.

Similarly, since the Magi 2,000 years ago, pilgrims have

Right: Young pilgrim Max Brittain, pictured on his way through the Swiss Alps

journeyed through hardship, learnt wisdom and returned, as better versions of themselves, to help their communities.

That tradition lives on. At the end of March, Max Brittain (pictured) from our Catholic parish embarked as a 21-yearold on a pilgrimage from Canterbury to Rome. He



is following the Via Francigena, first walked in about 990 by the then Archbishop of Canterbury, Sigeric the Serious.

Max planned his pilgrimage, raised the funds, and set off alone to walk the 1,200 miles of Sigeric's route through England, France, Switzerland and Italy. At the time of

#### ROMAN CATHOLIC Church continued...

writing, he is just entering Italy, having attended Mass and spent his last night in Switzerland at the St Bernard's Pass Abbey in the Alps.

This pilgrimage has not been easy. So far, Max has had to contend with injuries, nearly being swept over a high waterfall by a fast-flowing river, and (perhaps worst of all) losing his precious sleeping bag as he struck camp one morning. The packed sleeping bag rolled off, with Max in hot pursuit, and went over a cliff. Max stopped just in time!

Time will reveal the gift that he brings back from his

hero's journey, but as he walks the remaining 600 miles to Rome, please keep Max firmly in your prayers. *Monsignor Keith Mitchell* 

You can follow Max's pilgrimage here: www.instagram. com/my\_long\_walk\_to\_rome. His fundraising page is www.gofund.me/4cb1f6od.

**Sunday Mass is at 10am** and is streamed online at *www.bridportcatholics.org.uk* and Bridport Catholic Parish Facebook page. For updates about Sunday and weekday Mass, see our weekly newsletter on the website.

## Get involved: local clubs, groups and societies

Please get in touch if you'd like your group to appear here. Entries are free but are limited to a few lines and are for non-profit community groups and clubs and their events (not ticketed events such as concerts). Unless otherwise stated, all phone numbers are Bridport (01308).

**West Dorset Flower Club** meets at the WI Hall, North Sreet, at 2.30pm on the second Monday of each month with demos and speakers. On Monday 11 July, Allison Finch will present 'What a sweetie' and there is a competition on the theme of 'Seascape'. Phone 456339.

Bridport Stroke Club meets weekly Sept-Christmas and

Feb—July at the Community Room, Vernon's Court. Contact the secretary, David Lawrence <code>dandhlawrence@gmail.com</code>

Bridport Blind Club is a social club for the visually impaired. It meets twice a month for tea, entertainment and chat. Part of Dorset Blind Association, which provides personal and technical help. Contact Ian Ibbotson 898484.

Bridport & District Gardening Club meets monthly at the WI Hall in North Street. On Thursday 21 July at 7.30pm, there will be a chance to hear stories and tips from a panel of show judges before the club's summer show on 3 September. The panellists are club president Monique Pasche, horticulture judge Peter Yates and flower arranging judge Sue Baker. Open to non-members at £2. More information at <code>www.bridportgardeningclub.co.uk</code>

Bridport Scottish Dancers meet every Wednesday evening at 7.15pm (7.30pm start) in Church House, South St, except first Wed each month which is at Salwayash village hall. First visit free, then £2 per session. Please bring the right money & your own refreshments. Contact Caroline 538141 / Malcolm 07790 323343 / www.bridportscottishdancers.org.uk
Bridport Youth Dance offers classes in contemporary, specific boys classes, tap dance, street, urban and musical theatre. To enrol and for more details of BVD. Bridport Boys.

theatre. To enrol and for more details of BYD, Bridport Boys Dance and the BYD street dance crew, contact Nikki Northover bridportyouthdanceo1@gmail.com / 07765 971357 / www.bridportyouthdance.org.uk

Bridport & District Model Railway Club meets each Tuesday at Askerswell village hall 7–9pm. Members can run their railway stock on the club's 'test track' or operate a club layout. Refreshments available. Contact Geoff Trenholme, the club's chairman, on 281379.

**West Dorset Music Community Orchestra** meets on Wednesdays in term time 6.30–7.45pm at the Christian Fellowship Hall in East Street car park. Contact 456297. www.westdorsetmusic.org.uk



Bridport Health Walks are free and take place every Wednesday, meeting outside Bridport United Church at 9.45am, and the first Thursday each month meeting at The Cowshed, Bridport Medical Centre, at 10.30am. The guided walks take 30–40 minutes on level ground. Refreshments available after the walk. No need to book, just turn up. Bridport Choral Society rehearses on Monday evenings at 7.30pm at the United Church Hall. Contact Margaret Foster margefoster1956@gmail.com

**Bridport & District Allotment Society** (BADAS) is open to all. Membership is £5/year and gives discount at several gardening suppliers. Contact 250260 / email bridportallotmentsociety@gmail.com. More details online at www.bridport allotmentsociety.co.uk

**Bridport History Society**'s next meeting is on Thursday 14 July, 2-5pm at Bridport Town Hall. The topic is 'The migration story: music, song, verse and illustration' with music from Rough Assembly, followed by cake and fizz to celebrate the society's 25th anniversary. Visitors welcome £3pp. Contact Jane Ferentzi-Sheppard jferentzi@aol.com / 425710. Membership £10 individual / £15 couple. Membership secretary Celia Martin celiamartin@hotmail.co.uk Bridport Shakespeare Company theatre group meets every Thursday at 7pm at Bridport Community Shed. All ages welcome; no experience needed. The group will perform The Magdalen Whitewash this month (see page 7 for details). Contact Valerie tasterella@hotmail.co.uk Golden Cap Association (West Dorset), in support of the National Trust, organises illustrated talks on the last Monday of the month (except summer) in the United Church Hall, East Street, at 2.30pm. Contact Mike Nicks 459855. Burton Bradstock Duplicate Bridge Group meets at the village hall Tues 1.45-4.45pm. Contact Kathy 485626.

#### Citizens Advice is here to help

Need advice on benefits, debt, employment or other issues? Pick up the phone and talk to us on Freephone 0800 144 8848. You can also email us via the contact form at www.bridportca.org.uk or drop in to 45 South St, Bridport (now open Mon, Tues & Thurs 10am–3pm, Wed & Fri 10am–1pm).

## Get involved: local clubs, groups and societies continued

**Colmer WI** meets on the second Thursday each month at 7.30pm in the WI Hall, North Street. Visitors welcome to come for a no-obligation evening. Contact Gill Smith 301201. **The New Elizabethan Singers** meet for choral rehearsals in the United Church Hall on Tuesdays at 7.30pm from September to May. For more information please contact the secretary, Sarah Stamford ss614@cam.ac.uk /425312. www.thenewelizabethansingers.org.uk

**Bridport Bridge Club** meets Wednesday evenings (duplicate bridge, good standard) and Friday afternoons (relaxed bridge, not 3rd Friday in the month) at St Swithun's Hall, plus Thursday evenings online. Beginners' lessons started in January. See *www.bridgewebs.com/bridport* for updates or phone Roy Tarsnane 425298.

The Arts Society (West Dorset) meets at Bridport Town Hall at 2.30pm on the third Thursday each month from September to June. Membership £50 a year; visitors welcome at £7.50 per event. www.taswestdorset.org.uk Bridport Community Shed, between Mountfield and Bedford Place, opens Mon, Wed & Thurs 10am-12 noon. On the first Tues of the month there is also an evening stitching session (please book in advance). Contact 07593 880428. **Bridport & District RNLI** holds five or six events (incl. Seatown BBQ) each year to raise money. Volunteers always needed. Contact Sadie 07811 470127 or Annie 07790 713156. **Bridport & District u3a** is for people in their 'third age'. No minimum age, but you must be no longer in full-time employment. Monthly meetings in Bridport United Church Hall with a guest speaker plus socialising over refreshments. Also more than 50 u3a groups meet regularly, covering a huge range of interests. Contact Vincent Sheppard 485763 / chair@bridportu3a.org.uk / www.bridportu3a.org.uk The u3a Singers Group meets on alternate Thursdays for 10.30am start at the WI Hall in North Street. Contact Heather 425219 / www.bridportu3a.org.uk

well as helping the community. Contact Sue Pollock 07903 558568 / rognsuewbay@btinternet.com

**Disabled Carers & Friends** meet Thursdays 9am—noon at Vernon's Court Community Room, South Street. Contact *pete.bowditch@hotmail.com* / 423620 / 421213 / 427819. **Bridport Community Fridge** redistributes surplus food free or for a donation. Usually Tues and Sat 10am—noon at The Chapel in the Garden, East St. Also at St Swithun's Church with **Bridport Food Surplus Stall** on Thursdays 9.30—11.30am. See their Facebook page or email *events@bridportunitarians.co.uk* 

Friday Dance Group, just for women, meets every Friday 11.30am–12.30pm at St Mary's Church House Hall, South St. Come along and enjoy dancing as you like to a range of music. First session free. More details from Sue 425037.

Harmony Drop-in provides a safe, social space and peer support to aid the recovery journey of adults in the Bridport area who are living with mental health difficulties. Our group (Mondays 10am–1pm and 2–4pm, Wednesdays and Fridays 10am–1pm) offers activities and support, fostering wellbeing and increased self-esteem. Contact 07597 379290.

Bridport ASCape for young people 7–11 & 11–18, parents and carers affected by autism spectrum conditions (ASC) or social anxiety. Contact Karen Wright wrightmail2@aol.com or visit www.bridportasd.wordpress.com

**Bridport Community Front Room** offers face-to-face support for people reaching a mental health crisis point or needing wellbeing support. Assembly Rooms, Gundry Lane. Thurs–Sun, 3.45–10.45pm. Appointments 07385 290804. **Bridport Folk Dance Club** meets every Monday evening 7.15 –9.30pm in the WI Hall, North Street. All welcome, including beginners. Phone 458165 or 459001.

**Free play singing,** improvisation and earth/peace movement chants. Spontaneous compositions of sound; few words. Tuesdays 2pm at Bridport Youth & Community Centre, Gundry Lane, for about an hour. All welcome, £1 per person. Phone Pen 07713 008290.

## End-of-life support from the Anne Robson Trust

Despite increasing openness in society about many of life's challenges, death is still a taboo subject for some. But we need to recognise the fact that too many people die alone, with no friends or family at their side.

Bridport Inner Wheel meets monthly at Haddon House,

West Bay, to enjoy friendship and listen to speakers as

Almost 700,000 people die every year in the UK, a figure set to rise to 750,000 by 2030. The need to support and empower people who are approaching the end of life has never been greater: in a recent survey, more than 70% of people questioned said they fear being helpless and dependent more than they fear death itself.

The Anne Robson Trust believes that no one deserves to die alone. Everyone should have the comfort and companionship of another human being as they die, as well as the support to prepare for death. Gaining knowledge of what may happen towards the end of life helps both the



dying person and their loved ones to feel more prepared and in control.

## Talk 0808 801 0688

The charity works to provide that support and help. Its free, confidential helpline. 'Time to Talk', operates Monday to Friday, 11am to 5pm, and is for anyone facing death — whether it's their own or that of someone they care about.

There's also a series of podcasts (see website) aiming to equip people to have difficult conversations about death.

The Anne Robson Trust also helps hospitals to set up their own teams of end-of-life volunteers who will support lone patients as well as family members who can't be with them as they die.

The charity is named after Anne Robson, who died alone in 2010 after a series of traumatic events and having been discharged from hospital. Founder Liz Pryor – Anne's daughter – was determined to make sure other people didn't have to go through the same experience.

www.anner obsontrust.org.uk



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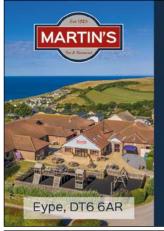
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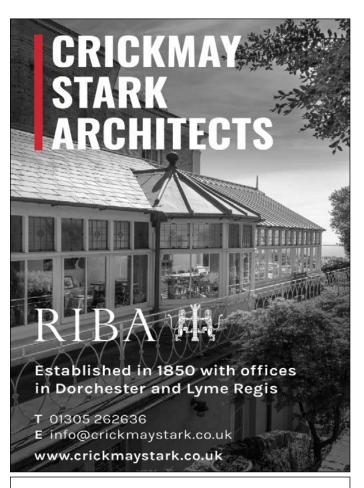
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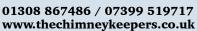


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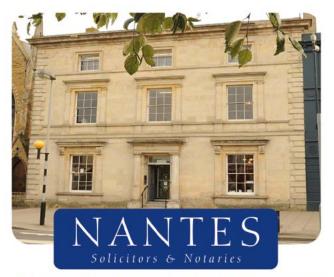
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